

# SCREENAGERS

GROWING UP IN THE DIGITAL AGE

## RESOURCES

This page (and all the links) is available on our church website.

<http://jannalianglican.org.au/youth/youth-resources/>

### **SCREENAGERS RESOURCES** at [www.screenagersmovie.com](http://www.screenagersmovie.com)

- Screen Time Contracts—Tips and screen time contracts templates, including Tessa’s contract
- Parenting Apps—Tools that automatically turn off tech at certain times
- Digital Citizenship—Links to help teach this at home and in schools
- Parenting Tips—Ongoing practical advice from our blog, Tech Talk Tuesday and more

### **SOME AUSTRALIAN STATISTICS**

<http://www.abs.gov.au/ausstats/abs@.nsf/mf/8146.0>

<https://www.acma.gov.au/theACMA/engage-blogs/engage-blogs/Research-snapshots/Aussie-teens-and-kids-online>

<https://www.kidsmatter.edu.au/health-and-community/enewsletter/kids-online-statistics>

<https://www.unicef.org.au/Upload/UNICEF/Media/Documents/Children-in-a-Digital-World-Australia-Fact-Sheet-051217.pdf>

### **HELPFUL WEBSITES**

<https://www.esafety.gov.au/>

An Australian government website with plenty of resources and a dedicated youth section.

<https://resistporn.org/parents/>

A Sydney Anglican Church website dedicated to helping people who are viewing pornography.

<https://growingfaith.com.au/>

A Christian website designed to help parents raise their kids with the Bible open.

<https://www.facebook.com/CyberParentingBook/>

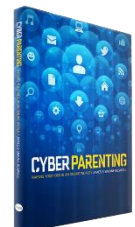
A regularly updated Facebook page from the authors of Cyber Parenting.

<https://wanglefamilyinsites.com/>

Internet monitoring software that helps you keep your family safe.

### **A BRILLIANT BOOK – CYBER PARENTING**

Our children’s lives are immersed in technology; their music, social schedule, schoolwork, games and daily interaction rely on it. Not so long ago, we as parents could limit our kids’ exposure to the Internet, guiding them through the information they found and protecting them from predators, bullying and porn. But the goalposts have moved: devices are portable and access is possible 24/7.



Simone and James Boswell update parents on what they need to know about technology and how it impacts families. They discuss parenting principles that help mums and dads teach their kids how to live out their faith online and stand firm when the physical and digital worlds collide.

Although this book is currently out of print, we have 10 copies at Jannali Anglican Church that are available for borrowing. Contact our office to borrow a copy.